

# **Kids Fun Run** With Thomas

In conjunction with the **Puffing Billy Railway** 

## Sunday 25<sup>th</sup> November 2018

## Kids Fun Run with Thomas consists of 6 aged based FUN RUNS

## **INFORMATION FOR RUNNERS**

Thank you for entering the 17<sup>th</sup> Kids Fun Run with Thomas on the 25<sup>th</sup> of November 2018.

Parents and guardians are required to read this information carefully. It is to assist you and your child to become familiar with the requirements of the Fun Run, for your child's welfare and to ensure the event runs smoothly.

## PARKING IN GEMBROOK

Parking is available throughout Gembrook. The Gembrook Primary School has 400 spaces. Disabled drop off is available in front of the Station.

No parking will be allowed in Station Road, Gembrook vehicular traffic will be limited to residents only and this road will be closed periodically during the day as it is reserved for participants and pedestrians during the Fun Runs.

Street parking in Gembrook is available. Normal parking restrictions apply. Parked vehicles that restrict the flow of traffic or obstruct driveways are not permitted.

We request that you respect the flow of traffic when parking. Parking officers may be in attendance on the day.

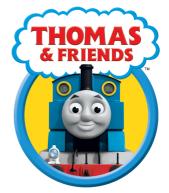


Kids Fun Run with Thomas is an initiative of the Rotary Club of Emerald & District Inc. Proudly supported by our major sponsors Puffing Billy Railway, Ferntree Gully Motor Group, Emerald Mitre 10, Barry Plant Emerald, Lightning Press and The Wholesome Food Company.

**Emerald & District Inc** 

Proudly supporting

## Mönash Chi dren's Hospital



**KIDS FUN RUN** with THOMAS

## **Purple Fun Run with Thomas**

Sponsored by Ferntree Gully Motor Group

Age Time Distance 3 years 10.00am 150 metres (approx.)

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### **Orange Fun Run with Thomas**

Sponsored by Barry Plant / Mitre 10 4 years Age 10.20am Time Distance 150 metres (approx.)



## Blue Fun Run with Thomas

Sponsored by Rotary Club of Emerald & District Inc.

Age 5 years Time 10.40am Distance 250 metres (approx.)



## **Yellow Fun Run with Thomas**

Sponsored b	by Lightning Press	
Age	6 years	lig
Time	11.45am	
Distance	250 metres (approx.)	

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## **Red Fun Run with Thomas**

Sponsored by The Wholesome Food Company

Age	7 & 8 years
Time	12.15pm
Distance	850 metres (approx.)



## **Green Fun Run with Thomas**

Sponsored by Puffing Billy Railway 9 - 12 years Age Time 12.50pm 1200 metres (approx.) Distance



#### **SUPERVISION**

As stated in the Declaration, on the entry form, the parent/guardian of each Fun Run participant is responsible for that child on Fun Run day. They will determine if the child is medically fit to run in the Fun Run, will ensure that the child can attend the event and will also be present and agree to supervise the child in their co-operation with official directions for the duration of the Fun Run day. During the Fun Run the child will be expected to adhere to the rules – see RULES section below.

#### CHILDREN IN PRAMS AND WHEELCHAIRS

Children in wheelchairs must be under the control and supervision of a carer at all times.

When participating wheelchairs can only be pushed at a walking pace.

For safety, wheelchair participants start at the rear of the other runners and must not pass the other runners. Prams are not permitted during any run.

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#### WARM UP

Fun Run entrants will participate in a 10-minute warm up exercise session, behind the Assembly Point near the Start Banner of each Fun Run. It is strongly recommended that the children participate in their warm up session to ensure their muscles are relaxed and flexible during the Fun Run.

#### ASSEMBLY

Participants will assemble behind the Start Sign in each designated Fun Run assembly area and will be led to the start line at the designated time for their Fun Run. See map on opposite page.

#### **DRESS CODE**

Fun Run participants must ARRIVE dressed in suitable running attire and wearing their number pinned to their chest. It is recommended for sunshine protection that sun hats be worn and sunscreen be applied as necessary.

#### **BE EARLY**

Children must be ready to run no later than 10 minutes prior to their event.

#### **RUN NUMBER & SHOW BAG COLLECTION**

The run number entitles the entrant entry into one Fun Run event (as designated on their Fun Run Number). It also entitles the wearer to collect a participant's showbag and participation certificate. Showbags and certificates are available for collection after each Fun Run at the certificate & showbag tent.

Run numbers are not transferable. If a family has more than one Fun Run participant, please ensure that each child wears the correct Fun Run number as allocated by the Kids Fun Run with Thomas Committee.

#### **MEDICAL ATTENTION**

A First Aid Station will be located at the Finish Line. Participants must withdraw from the Kids Fun Run with Thomas if directed to by a Medical Officer or Fun Run Official.

#### **DRINK STATIONS**

Each Fun Run participant may receive a free bottle of water at the finish of their run.

#### **ROUTE SIGNS**

Route signs will be placed at appropriate points along the course to indicate the direction of the Fun Runs. Volunteer Marshalls will also assist in indicating the course to follow.

#### RULES

Participants MUST obey all instructions given to them by Police and Fun Run Officials. Children must not cross or wander onto railway tracks. Crossing tracks will only be allowed at supervised crossings. All persons are advised to keep a distance of at least 4 metres away from moving trains at all times. Any runner who ignores official direction will be withdrawn immediately. Please follow all signs and guidelines for the official routes. The course is restricted to participants in the Kids Fun Run with Thomas. No cyclists, roller or in-line skaters will be permitted to take part in or accompany the Fun Run, nor can any supporters follow the runners along the course in cars or motor vehicles. Please note that Station Road will be closed to all traffic other than Official Vehicles during the Fun Runs. Children under 3 years are not permitted to enter or run in any event.

Parents & supporters may only follow participants behind the last entrant running. Parents & supporters are not to impede any runner or official.

#### **THE FINISH & PRESENTATIONS**

Children must cross the official Finish Line (at the "Town" end of Heritage Station platform) and await award presentations on the stage at the Finish Line. The first boy and girl across the line in each Fun Run will receive a special Kids Fun Run with Thomas trophy.

#### LOST & FOUND

A designated area has been set aside for reporting lost children and property. (See the insert section of map on the opposite page). Please advise your children that if they become disoriented during the day's events, that they can approach members of Victoria Police for assistance or Official Volunteers wearing yellow Rotary vests and/or Thomas Official badges, who will direct them to the Lost & Found Tent.

#### **START LINE**

Children must be ready to run no later than 10 minutes prior to their event.

- **Purple Fun Run** 10.00am, 3 years inside the gate near the east end of Station Road (on Puffing Billy land).
- **Orange Fun Run** 10.20am, 4 years inside the gate near the east end of Station Road (on Puffing Billy land).
- Blue Fun Run 10.40am, 5 years under the pine trees inside the gate near the east end of Station Road (on Puffing Billy land).
- Yellow Fun Run 11.45am, 6 years under the pine trees inside the gate near the east end of Station Road (on Puffing Billy land).
- Red Fun Run 12.15pm, 7 & 8 years on Station Road (opp No. 19), near Water Pumping Station, Shuttle Bus from Station.
- **Green Fun Run** 12.50pm, 9 to 12 years near Railway level crossing at East entry to Gembrook. Shuttle Bus available from the station.

A start banner will be erected prior to each Fun Run. Please do not crowd the Starting Line. Runners will receive ample warning and will hear the Start Bell promptly at the designated starting times.

#### **OTHER MATTERS**

By entering the Fun Run the participant(s) and the guardian(s) of the Fun Run participant(s) grants the Rotary Club of Emerald & District Inc. and approved contractors and suppliers a royalty free right to use in perpetuity of the participant(s) image, interview, statement and likeness, before, during or after the event in broadcasts, telecasts, websites, media press material, promotional materials and/or for reporting purposes in the media.

#### **OTHER ACTIVITIES**

- Joy rides with Thomas The Tank Engine
- Live music
- Farm Animals
- Lizzie's Lizards
- Face painting
- Karaoke
- **Rides & Amusements**
- Inflatables Market Stalls
- Hot & cold food stalls
- Donut van
- Showbags & Certificates for runners

### **TOILETS, PICNICS & FOOD VENDORS**

Toilets are available at Gembrook Railway Station and the Primary School children's playground.

Food & drink will be on sale from vendors at the event and is also available in Gembrook town.

**KIDS HELPING KIDS Proceeds from Kids Fun Run with** Thomas 2018 will go to **Monash Children's Hospital Cancer Centre** 

### **TOTAL FIRE BAN or SEVERE WEATHER** CONDITIONS

In the event of a total fire ban or severe weather and the Fun Run having to be cancelled (due to the Thomas trains not operating on the day), participants will be entitled to a refund of the registration fee if the participants request a refund within 3 months of the date of the event, which request must be in writing to the event organisers at the postal address below. If a request for a refund is not received within the specified 3 months the participant hereby consents to the registration fee being treated as a donation.

Donations, including those received from the fundraising page cannot and will not be refunded. All donations will be directed to Monash Children's Hospital – Cancer Centre. The Rotary Club of Emerald & District Inc. PO Box 46 Emerald, Victoria, 3782. Telephone: 0408 769 491

#### THANK YOU

The organisers of the Kids Fun Run with Thomas wish to thank all the fun runners, parents/guardians, sponsors, volunteers, stall holders, Victoria Police, Gembrook CFA, SES, Cardinia Shire Council and Puffing Billy Railway.

We would like to thank the residents and traders of Gembrook for their patience with any inconvenience experienced during the running of the Kids Fun Run with Thomas.

## Proudly supporting

Mönash Chi dren's Hospital

Keep up to date with all the latest information at kidsfunrunwiththomas.org.au

Facebook **Kids Fun Run With Thomas** 



**Club of Emerald & District Inc** 

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