



## Kids Fun Run with THOMAS

In conjunction with the  
Puffing Billy Railway

**Sunday 24<sup>th</sup> November 2019**  
**Puffing Billy Station Gembrook**

### INFORMATION FOR RUNNERS

Thank you for entering the 18<sup>th</sup> Kids Fun Run with Thomas on the 24<sup>th</sup> of November 2019.

Parents and guardians are required to read this information carefully. It is to assist you and your child to become familiar with the requirements of the Fun Run, for your child's welfare and to ensure the event runs smoothly.

### PARKING IN GEMBROOK

Parking is available throughout Gembrook. The Gembrook Primary School has 400 spaces. Disabled drop off is available in front of the Station.

No parking will be allowed in Station Road, Gembrook – vehicular traffic will be limited to residents only and this road will be closed periodically during the day as it is reserved for participants and pedestrians during the Fun Runs.

Street parking in Gembrook is available. Normal parking restrictions apply. Parked vehicles that restrict the flow of traffic or obstruct driveways are not permitted.

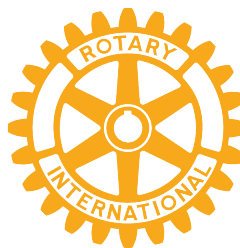
We request that you respect the flow of traffic when parking. Parking officers may be in attendance on the day.

### THANK YOU

We would like to thank the residents and traders of Gembrook for their patience with any inconvenience experienced during the running of the Kids Fun Run with Thomas.

Big thanks also to all our fun runners, parents/guardians, sponsors, volunteers, stall holders, Vic Police, Gembrook CFA, SES, Cardinia Shire Council & Puffing Billy Railway.

**Rotary**  
Club of Emerald & District



Proudly supporting

**Moonash**  
**Children's**  
**Hospital**

**Kids Fun Run with Thomas consists  
of 6 aged based FUN RUNS**

#### Purple Fun Run with Thomas

Sponsored by **Ferntree Gully Motor Group**

Age 3 years  
Time 10.00am  
Distance 150 metres (approx.)



#### Orange Fun Run with Thomas

Sponsored by **Barry Plant / Mitre 10**

Age 4 years  
Time 10.20am  
Distance 150 metres (approx.)



#### Blue Fun Run with Thomas

Sponsored by **Rotary Club of Emerald & District Inc.**

Age 5 years  
Time 10.40am  
Distance 250 metres (approx.)



#### Yellow Fun Run with Thomas

Sponsored by **Thats Right Bookkeeping**

Age 6 years  
Time 11.45am  
Distance 250 metres



#### Red Fun Run with Thomas

Sponsored by **The Wholesome Food Company**

Age 7 & 8 years  
Time 12.15pm  
Distance 850 metres (approx.)



#### Green Fun Run with Puffing Billy

Sponsored by **Puffing Billy Railway**

Age 9 - 12 years  
Time 12.50pm  
Distance 1200 metres (approx.)



## SUPERVISION

As stated in the Declaration, on the entry form or the online registration the parent/guardian of each Fun Run participant is responsible for that child on Fun Run day. They will determine if the child is medically fit to run in the Fun Run, will ensure that the child can attend the event and will also be present and agree to supervise the child in their co-operation with official directions for the duration of the Fun Run day. During the Fun Run the child will be expected to adhere to the rules – see RULES section below.

## CHILDREN IN PRAMS AND WHEELCHAIRS

Children in wheelchairs must be under the control and supervision of a carer at all times. When participating wheelchairs can only be pushed at a walking pace. For safety, wheelchair participants start at the rear of the other runners and must not pass the other runners. Prams are not permitted during any run.

## WARM UP

Fun Run entrants will participate in a 10-minute warm up exercise session, behind the Assembly Point near the Start Banner of each Fun Run. It is strongly recommended that the children participate in their warm up session to ensure their muscles are relaxed and flexible during the Fun Run.

## ASSEMBLY

**Be Early:** children must be ready to run no later than 10 minutes prior to their event. Participants will assemble behind the Start Sign in each designated Fun Run assembly area and will be led to the start line at the designated time for their Fun Run. See map on website.

## DRESS CODE

Fun Run participants must ARRIVE dressed in suitable running attire and wearing their number pinned to their chest. It is recommended for sun protection that sun hats be worn and sunscreen be applied as necessary.

## RUN NUMBER & SHOW BAG COLLECTION

The run number entitles the entrant entry into one Fun Run event (as designated on their Fun Run Number). It also entitles the wearer to collect a participant's showbag and participation certificate. Showbags and certificates are available for collection after each Fun Run at the certificate & showbag tent.

Run numbers are not transferable. If a family has more than one Fun Run participant, please ensure that each child wears the correct Fun Run number as allocated.

## MEDICAL ATTENTION

A First Aid Station will be located at the Finish Line. Participants must withdraw from the Kids Fun Run with Thomas if directed to by a Medical Officer or Fun Run Official.



## DRINK STATIONS

Each Fun Run participant may receive a free bottle of water at the finish of their run.

## ROUTE SIGNS

Route signs will be placed at appropriate points along the course to indicate the direction of the Fun Runs. Volunteer Marshalls will also assist in indicating the course to follow.

## TOILETS, PICNICS & FOOD VENDORS

Toilets are available at Gembrook Railway Station and the Primary School children's playground. Food & drink will be on sale from vendors at the event and is also available in Gembrook town.

## RULES

Participants MUST obey all instructions given to them by Police and Fun Run Officials. Children must not cross or wander onto railway tracks. Crossing tracks will only be allowed at supervised crossings. All persons are advised to keep a distance of at least 4 metres away from moving trains at all times. Any runner who ignores official direction will be withdrawn immediately. Please follow all signs and guidelines for the official routes. The course is restricted to participants in the Kids Fun Run with Thomas. No cyclists, roller or in-line skaters will be permitted to take part in or accompany the Fun Run, nor can any supporters follow the runners along the course in cars or motor vehicles. Please note that Station Road will be closed to all traffic other than Official Vehicles during the Fun Runs. Children under 3 years are not permitted to enter or run in any event.

**Parents & supporters may only follow participants behind the last entrant running. Parents & supporters are not to impede any runner or official.**

## THE FINISH & PRESENTATIONS







Children must cross the official Finish Line (at the "Town" end of Heritage Station platform) and await award presentations on the stage at the Finish Line. The first boy and girl across the line in each Fun Run will receive a special Kids Fun Run with Thomas trophy.

## LOST & FOUND

A designated area has been set aside for reporting lost children and property. Please advise your children that if they become disoriented during the day's events, that they can approach members of Victoria Police for assistance or Official Volunteers wearing yellow Rotary vests and/or Thomas Official badges, who will direct them to the Lost & Found Tent.

## START LINE

**Children must be ready to run no later than 10 minutes prior to their event.**

-  **Purple Fun Run** 10.00am, 3 years – inside the gate near the east end of Station Road (on Puffing Billy land).
-  **Orange Fun Run** 10.20am, 4 years – inside the gate near the east end of Station Road (on Puffing Billy land).
-  **Blue Fun Run** 10.40am, 5 years – under the pine trees inside the gate near the east end of Station Road (on Puffing Billy land).
-  **Yellow Fun Run** 11.45am, 6 years - under the pine trees inside the gate near the east end of Station Road (on Puffing Billy land).
-  **Red Fun Run** 12.15pm, 7 & 8 years – on Station Road (opp No. 19), near Water Pumping Station, Shuttle Bus from Station.
-  **Green Fun Run** 12.50pm, 9 to 12 years – near Railway level crossing at East entry to Gembrook. Shuttle Bus available from the station.

A start banner will be erected prior to each Fun Run. Please do not crowd the Starting Line. Runners will receive ample warning and will hear the Start Bell promptly at the designated starting times.

## OTHER MATTERS

By entering the Fun Run the participant(s) and the guardian(s) of the Fun Run participant(s) grants the Rotary Club of Emerald & District Inc. and approved contractors and suppliers a royalty free right to use in perpetuity of the participant(s) image, interview, statement and likeness, before, during or after the event in broadcasts, telecasts, websites, media press material, promotional materials and/or for reporting purposes in the media.